

The Newsletter of the Unitarian Universalist Fellowship of Harford County



Building Liberal Religious Community — Please Join Us! July-August 2009

Our Sunday Schedule

Childcare 9:30 am - 12 noon
Worship and Church School 10:00 am

July-August Sermons

“My Feet Is Tired, But My Soul Is at Rest”: Celebrating the March to America’s Promise

Ann Davidoff and Merrill Milham July 5

Our service on this holiday weekend takes its title from an elderly black woman’s expression of distress and weariness during the marches of the Civil Rights Era. Our era of war and the “Great Recession” has brought its own distress and weariness. Still, with great hope, we continue our march to realize the promise of America. So march over, take a seat, and rest your feet and your soul as we celebrate our nation’s birth with American music and readings.

Two Ideas

Ken Bourn July 12

Ken will share two ideas that have made his life happier and more rewarding. Please evaluate them to see if they could help you build a better life.

UU Resolutions and Discussion

Kim Roberts, Leader July 19

Every year at General Assembly, the delegates pass resolutions. Prior to the vote, there are at least two years of discussions in the congregations. Become part of the process. Learn about the resolutions that passed, the resolutions under discussion for future years, and topics that may lead to resolutions. There will be time for you to state your opinion.

Feels Like Rain, Feels Like Change, Feels Like Love

Rob and Marlene Lieb July 26

Lasting, long-term relationships are usually defined by stages. Some are happy, some sad, but they are all important. We have been together as husband and wife for 40 years, causing us to reflect on why and how we lasted this long. Come join us, as we look closer at the journey.

TBA

TBA August 2

At press time, we don’t have a speaker or topic. Look for information in the Thursday NUUS bytes. Please contact Kim Roberts if you have an idea or interested in providing a service this week.

Some Summertime, Easy Livin’ Thoughts from a Religious Nonbeliever

Merrill Milham August 9

At the core of the Western religious tradition is an attempt to explain the existence and nature of the divine. The usual responses to this central religious problem are theism, agnosticism, and atheism. We meet on this Sunday to give some consideration to the question: Can nontheism—poised somewhere in the gaps of these isms—broaden our view of the religious landscape in such a way as to lead into wider and deeper religious sympathies?

What Is “I Am”

Rev. Lisa Ward August 16

“I Am” is a phrase, found in ancient Biblical texts and modern “new age” essays. It is the description of presence, of all that is, of the power or essence of existence. How do we come to this knowing, this sense of presence?

Grab Bag: TBA

Stacie Beard August 23

Stacie is still mulling over her topic, but the service is sure to be enlightening, wonderful, and will probably include a poem or two.

The Cosmic Way

Rev. Lisa Ward August 30

I will have returned from a weekend conference on the I Ching, an ancient Chinese oracle text that incorporates Taoist and Confucianist philosophies. This day I will share a bit of my journey with the I Ching, also known as The Book of Changes.

From Our Minister



Mary Pipher wrote in her book, *The Shelter of Each Other*, that mental pictures of her children provide her with an ever available mandala, a living image that comforts and secures her. Classically, mandalas are concentric diagrams used as a spiritual tool to help focus meditation or create a sacred space. In spiritual traditions, concentration on the mandala can bring one to a mystical sense of oneness, a unity of the cosmos. In other words, an ultimate sense of home and belonging.

What might be your mandalas? What images would help calm and focus you? What places of knowing help give you strength and hope?

Our emotional and spiritual lives are different every day. We navigate through all kinds of feelings, hopes, worries, and plans that can overwhelm us or distract us from well being. All of us have times when we feel strong and hopeful and times when we feel we do not have enough resources within to cope. Even when we are neutral, we may long for a deeper connection from time to time that gives our life a framework for being.

We can provide ourselves that deeper connection by creating a spiritual toolbox, or canon of beauty. Summer-time is a prime time to gather memories and images, thoughts on a lazy day or peace in a gently warm evening. Your “toolbox” or “canon” is a reservoir for you—something you can refer to when you are looking for encouragement toward joy or peace or strength or hope or gratitude.

We create the substance of our days. What happens within them is not always in our control, but how we regard our lives – how we respond to what we are given – is up to us. And all of us need help at times. All of us need encouragement. Sometimes that means calling a friend or traveling to a place that soothes us. Sometimes it means that we must change our perspective, come into the moment with an understanding that we can find fullness within it. That’s when your chosen memory or image comes to mind to give you that understanding that all, ultimately, is well.

Take some time this summer to gather up images, poems, memories or pictures that can transform your mood and remind you of the beauty in your life. It’s there.

The beauty. It’s in all of our lives. Be your own spiritual coach. You have it in you.

Blessings be, Rev. Lisa

From Our President

A Little Touch of Magic

This is the story of three mUUsketeers who have recently stepped up to the plate to fill the needs of our congregation, all in a very humble and unpublicized way. That is, until I open my big Italian mouth.

The first mUUsketeer I have to tell you about is Scott Morrison. He is our Buildings & Grounds Chair. He’s really good with tools, and he’s really smart about fixing stuff, and he’s a very cheerful person. One day, not too long ago, Scott got a call from the tenants of our rental house telling him that their washer/dryer unit was on the fritz. Well, Scott, being the kind of guy he is, immediately took care of doing whatever it is that guys who know a lot about fixing stuff do to determine that a new unit was needed. And then he hauled in the new unit by himself – after fending off the washer/dryer poachers who chased him through the parking lot – and the magical flying Bengal tiger that tried to devour him as he walked up to the house with the new unit. (OK, I made up the part about the poachers and the Bengal tiger, but the rest is true.)

Then one Saturday in mid-June, Scott got an emergency call that the septic system at the rental house was clogged. I won’t go into details about *that*, but in the span of just a few hours, Scott had the appropriate service people there to take care of the problem. He notified the Board and the Minister of the impending service call, and UUFHC-land remains fresh and cheerful because of his efforts. Thank you, Scott.

The second mUUsketeer I want to tell you about is Hazel Hopkins. Now, those of you who know Hazel know that she’s a terrific person and a snazzy dresser, but what you might not realize is that she apparently has the super-human ability to be in two places at once. I can’t swear to it, but I think I’ve seen her instantaneously pop out of the kitchen and into a Worship Committee meeting a couple of times. I don’t know how she does it; maybe it’s a special kind of pixie dust, or maybe she’s got a magic wand stashed somewhere. Or maybe those cool jackets of hers have an invisibility lining.

At any rate, what I'm really happy about is that Hazel has graciously agreed to take on the additional role of Social Justice Chair. As such, she will head up UUFHC's attempt to save the world from injustice. I know she'll do a great job because in addition to her super-human powers, she's a very smart and giving person.

The third mUUsketeer is JoAnn Macdonald. JoAnn has decided to reenergize the Denominational Affairs Committee at UUFHC. This committee is the liaison between our congregation and the Unitarian Universalist Association and the regional district of which we are a part. I believe she will explain more about this committee in another part of this newsletter. For years now, JoAnn has tirelessly flown around the globe each night on her magic carpet, looking for news of interest to our congregation as it relates to the wider UU world. She collects this data, analyzes it with her x-ray vision, and puts it all succinctly into emails that she sends out with just the push of one little button. It's all very mysterious, but JoAnn makes it look easy.

There is lots and lots of work being done in UUFHC-land every day. Much of it is evident on Sunday mornings, but much is done behind the scenes and gets little attention because of the magic spells woven by our wonderful members. The moral of this story is: if you have the urge to create a little magic, if you possess some super-human ability, or have been keeping your amazing powers under wraps, let them shine forth! Us mortals need all the magic we can get.

Enjoy your summer, be kind to yourself and to one another, and don't forget the sunscreen.



- Stacie Beard,
Board President

Corner on Finance

Keeping Utility Costs Low

By now we're into the lower-key days of Summer. Staff members will be taking well-deserved breaks, we'll enjoy the lay-led services and summer programs for children and youth, and we'll drink lemonade and ice tea instead of coffee after the services. Since staff members may not be around the building on Sundays, if you are among the last to leave on Sunday, take the time to implement these cost-saving measures:

The office area air conditioning comes on when the temperature reaches a certain level. Make sure the office area door stays closed so hot air from the rest of the building doesn't escape into the office area. The Finance Committee does keep a wish list, and yes, air conditioning for the sanctuary is one of our ultimate goals. But in the meantime, only the office area has A/C.

Check to make sure fans in the sanctuary are turned off and the windows in the back of the sanctuary are closed. Also check to see that lights are turned off throughout the building. Help keep our building insurance costs low by making sure the entrance doors are locked when you leave.

Sunday services continue every Sunday throughout the summer. A Finance Committee member will be available to accept your pledge payments, or if you're on vacation, simply mail the check to UUFHC to the Treasurer's attention.

Religious Education

It is summer time at UUFHC – a time to relax, come to a lay-led service, play in the Game Room, be outside and enjoy some lemonade in the coffee room! Since we have such a relaxing atmosphere here on Sundays, it's the perfect time to talk more at home about our faith with our young UUs! As is often said in RE, "You are your child's primary Religious Educator." There are so many activities a family can do at home to extend religious education beyond Sunday morning.

Perhaps your child is doing the summer reading program through the public library or has a reading list to complete for school? You could go to www.famousuus.com and pick out a famous Unitarian Universalist to read about and research. If you want a lesson or activity on a particular UU, send me an email at dre@uufhc.net and I can help you with a number of resources.

A family chalice is easy to make by placing a clay plant pot upside down, gluing the pot's plate to the now top and then painting it together as a family. Say grace, have quiet time or say a prayer before dinner several times a week and light your family chalice.

A family can also go to <http://clf.uua.org/#> and read through *KidTalk* for some great UU activities. *KidTalk* is a monthly online newsletter put out by the Church of the Larger Fellowship, which is an online UU church for people who are not near a congregation.

A great way to talk about being a UU? We love the Earth and we spent all year in Children's Worship talking about our 7th principle. Come over to UUFHC as a family, and take some plants out of our garden to the left side of the building (outside of the administrative hallway). We are going to be replacing that garden after July 15 and up until then is a chance to take home and plant a piece of UUFHC in your own garden!

Talk to your youth about our Water Communion ritual in September. Every year, as the church year starts, members and friends of the congregation bring in a small amount of water from a place, event or activity from the summer. We put them all together, and we use that water to do child dedications later in the year. Talk to your youth about the symbolism of the ritual and where your family's water is going to come from. You can go to the Tapestry of Faith portion of the UUA's website to see a youth-oriented lesson on the Water Communion. <http://www.uua.org/religiouseducation/curricula/tapestryfaith/toolboxfaith/session9/sessionplan/activities/109712.shtml>

We hope that you will definitely come to UUFHC on Sundays August 9 through September 6. That is the time of our Arts in August program for our incoming K-8th grade youth. Artists and hobbyists from the congregation will be demonstrating and doing projects with our youth on music, pottery, movement and other art forms. Keep an eye on the Thursday NUUWS bytes for more detailed information.

Up-coming RE dates to remember:

- Sundays June 7 – August 2 : RE Game Room
- Sundays August 9 - September 6: Arts in August
- Sunday, September 13: Opening Sunday
- Sunday, September 20: RE begins

*Take care,
April L. Fritts
Director of Religious Education*



A Salute to Our Graduating Seniors

This year we are blessed to have bridged two wonderful young ladies into our young adult community—Cara Roig and Lauren Rogers. Cara and Lauren have both been at UUFHC as a part of the Religious Education program since they were children. This past year, they

served as co-presidents of the youth group. They have both answered a number of questions about their futures and were given a chance to reflect on their experiences here at UUFHC.

As of right now, what are your plans for the Fall? How are you feeling about those plans?

Lauren: I am planning on participating in Americorps under the Disaster Relief program for ten months starting in **September**. I am very excited to join Americorps and feel it is perfect for my goals and needs before I go back to college.

Cara: Next year, I will be attending McDaniel College in Westminster, MD. I will be playing soccer so I arrive early which gives me a little extra time to get used to things before classes begin. I am ecstatic!

What is one of your favorite UUFHC memories?

Lauren: One of my favorite memories at UUFHC occurred a couple years ago when I did my first speech in front of the congregation during a service. The speech revolved around the quote, "The sun still shines, even when you can not feel its rays." The quote has stuck with me ever since and the speech itself inspired me to keep leading.

Cara: One of my favorite UUFHC memories is painting the wall in the youth group room. We listened to music, ate junk food, and got to know one another better. It was tons of fun! The Coming of Age service, however, is probably my all time favorite memory. Speaking in front of the congregation and sharing something so personal was an incredibly powerful feeling. It was truly amazing.

What are some of the lessons you have learned as a part of UUFHC?

Lauren: Some of the lessons I learned as a part of UUFHC circle around leadership, how to lead, the importance of leading, the joy of it, and the importance of always lending a hand to everyone and the community as a whole.

Cara: I have been raised to be open minded and accepting of all, but my time at UUFHC has reinforced all that my parents have taught me about acting as so. I have learned that communication is a very important aspect of any organization! I have also learned to never assume that which you are uninformed of and to always follow your heart, regardless of what others might encourage. It has been quite a journey!

What piece of advice would you give to a youth about to enter into YRUU

Lauren: Don't fear the discoveries you make within yourself, even if what you learn is blunt – accept your mistakes because every day is a fresh start to correct those mistakes and to discover the joys of who you are.

Cara: Be yourself. Share your ideas and don't fear ridicule because you will find that everyone is very accepting, hence the beauty of our church. Don't think of YRUU as something you have to do. Think of it as an adventure because it is truly a powerful experience.

Final Statement

Lauren: I want to thank the congregation as a whole for supporting me as a person, and as a teenager attempting to find myself in this world. UUFHC has inspired me to take leadership positions in my daily life, and showed me there are always at least a few people willing to lend a shoulder, a hand or thought to support another human and I believe that if everyone was capable of such things, we'd live in an even more amazing world. Spread the word!

Cara: At one point in my life, I was resistant to the idea of church. It was just a portion of time I could have been spending practicing soccer, as far as I was concerned. However, my mom pushed me to give it a try and, as I let my guard down, I found that there was more to life than sports. I was more than sports. For that, I would like to thank my peers, my mentors, my leaders, the congregation, and my parents. My Mom. Without her I would have never become the person I am today. So thank you, Mom. I will be sure to return on whatever open Sundays I come across next year! Goodbye all! I will definitely miss you!

A thank you to both Cara and Lauren for all they have given UUFHC. We send you off with our love and support and hope to see you when you are home to visit!

September 6 is an Influential Day at UUFHC

What person, living or dead, has influenced your life? Who made such an impact on you that your life was irrevocably changed? How was it accomplished?

One of the things that makes our congregation so special are these services where we share a part of ourselves. Please help us to get to know you better by being a presenter on September 6. In order to have enough time for many stories, plan to limit yours to 300 words.

Contact Hazel Hopkins if you would like to participate. Questions may be directed to Hazel at uphop@comcast.net or (410) 215-4305.

Among Our Own

As Winston Churchill once said, "we shape our dwellings, and afterwards our dwellings shape us." We all bring individual talents, personality, needs and strengths to our UUFHC dwelling to make a strong community and through this we grow strong individually. While many may disperse to other dwellings for the summer lets keep in our hearts and thoughts all those of the congregation who need support and encouragement, praise and celebration.

- Healing thoughts to **Ed H. Roberts** who made it through carotid artery surgery on June 15 successfully.
- Thoughts of relief for **Paul McGuire** who successfully had a stent placement and has now recovered.
- Our best hopes and wishes to **Mary Kuehl**, dealing with genetic bone disease, who now has problems with her hip
- Healing thoughts to **Brad Dunn** who shattered his elbow at a summer job and will go through rehabilitation.
- Congratulations to **Brianna Larrimore**, who graduated from Aberdeen High School's Academy of Science and looks forward to entering the honors program at University of Maryland and serving as an intern at APG this summer.
- Congratulations to **Lisa Mroz**, who graduated from college with honors, and best wishes on her move to Wilmington.
- Warm congratulations to **Bob and Cindy Veidt** on the birth of their granddaughter.
- Congratulations also go to **Kim and Ed Roberts** on the birth of grandson Mathys.
- Best wishes to **Madge and Jerry Thomas** on their retirement this summer.
- Continued healing thoughts to **Beryl Fleming** who is back from rehabilitation.
- Congratulations to **Carol Bindel** on her son's recent marriage and reception. Carol got to celebrate twice!
- We send sympathy to **Lauren, Jocelyn and Cassandra Rogers** for the loss of their grandmother.
- Healing thoughts go to the grandmother of **Rachel, Sean and Margo McCarthy** as she recuperates from Lyme disease.
- Congratulations to the **Gibson-Gerrity family**. Maureen and Jan recently celebrated 28 years together and seven as a family with Kristina and Sasha.
- Congratulations to **Cameron Stranger**, who finished his studies at HCC and will be attending UMBC this fall.
- Wishes for strength go to **Pat Stranger** as she supports her brother and sister through health problems.
- Thoughts and prayers go to **Gina Van Dusen's** father who had an accident in Missouri.

- Best wishes to **Charles Harris** who finally joined **Judy** in Cape Cod.
- Our condolences go to the families of **Hazel Hopkins**, (a cousin's son died recently,) and to **Stacie Beard**, (a cousin's wife died of Leukemia).
- Congratulations to **Hannah Chenoweth** who won school and state writing awards and an award of excellence from the State of Maryland.
- Healing thoughts to the **Morrison family** - for Paula's mother Connie and continued healing for Scott, who had successful fusion surgery.
- Wishes for success go to **Julie Rothwell**, who will spend her senior year at Towson University.
- Hopes for a successful extended family go to **Vera Swearingen** as she welcomes her step-children to her home.

If you know of any one who needs our support or should you find yourselves in need please keep in touch with the Lay Care Committee who are here to help provide this support and will reach out to find the means to provide for you when possible. Contact Pat Stranger at laycare@uufhc.net.

Look for Bi-Monthly Eckhart Tolle Group

A message from Eckhart Tolle: "Are you so busy getting to the future that the present is reduced to a means of getting there? There are simple things you can do to bring your attention to the here and now. You can measure your success in this practice by the degree of peace that you feel within."

Since the discussion group for "The New Earth" has had such a dynamic beginning, we are looking forward to continuing next fall. The themes within this book, and other writings by Eckhart Tolle, are so rich that a bi-monthly group is forming. The sign up for this group is open until Sept. 30. We will meet the 2nd and 4th Sundays each month. The 2nd Sunday is pot luck, so we will begin at 12:00 noon and end at 1:30 pm. The 4th Sunday we will meet at 11:30 am to 1:00 pm. The first meeting will be October 11 at 12:00 noon. There will be a one-time fee of \$20.00. Please email uufhc@verizon.net or call (410) 734-7122 to indicate your interest.

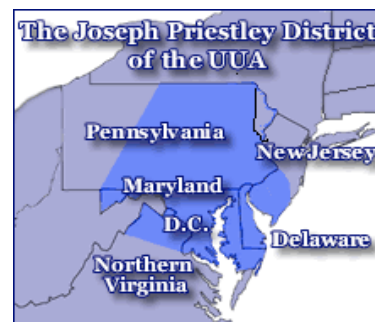
Rhoda Huston and Leigh Faunce will coordinate and assist with the group.

Invitation to Join the Newly-Revised Denominational Affairs Committee

Yes! "Newly-Revised" it is because there hasn't been much to say until recently...ooh! That is not true! There is much to be said and celebrated about the denomination—**our** denomination. Here's the scoop: Unitarian Universalism is the denomination. It is comprised of the Unitarian Universalist Association of Congregations, which includes the Joseph Priestley District and the other eighteen districts in the United States of America. The Unitarian Universalism denomination is over 1,000 congregations strong in the USA alone.

This month of June the General Assembly of the UUA is meeting in Salt Lake City, Utah, and Glenn and Kit Brown are traveling out there with their camper and their cat "Scrooge" at this very moment. [Their "dispatches" are being posted at www.uufhc.net/news.html]. They are our delegates to the GA and have been charged with voting for the new president of the UUA. They will present their impressions of GA on October 4, Association Sunday.

The Joseph Priestley District is comprised of parts of Pennsylvania, New Jersey and Virginia and all of Maryland, Delaware and DC. UUFHC is centrally located in this district. The JPD Growth Committee meets at UUFHC about four times a year.



This is The Committee for awarding grants to congregations who apply for assistance in calling a minister, hiring a religious education director, a music director, and/or building a facility in which to worship. The programs known as Chalice Lighters and Chalice Keepers are the central part of the Growth Committee. UUFHC has been the recipient of four grants since 1987. Also on Association Sunday JoAnn Macdonald will present updates on the Chalice Lighter and Chalice Keeper programs and explain how you can play a significant role in these programs without coming to meetings!

The Denomination Affairs Committee will be devoted to informing the congregation of these happenings and more in the UUA and JPD. So far we are a committee of two—Glenn Rogers and JoAnn Macdonald. Please join us in getting this newly-revised committee up and running in the Fall! Please call or e-mail JoAnn. We are looking forward to working with you and your ideas to expand our information services to members!

Two Thank-You Notes from Luna's House

After the Easter Gathering

Ms. Fritts: Thank you so much for coordinating the efforts of the church's elementary youth in donating supplies to the small animals of Luna's House. We were delighted to receive all the "goodies" and our small animals are thrilled. We sincerely appreciate your support. Yours truly, Pam Milardo.

After the JYG Dinner

We received a UUFHC check in the amount of \$50 for Luna's House from the middle school children. We wanted to take the time to thank you for your most generous contribution. All donations go directly to care for our many foster animals. Thank you again for your kind support, and please thank the middle school children for us! Sincerely, Pam Milardo, Luna's House Inc.

2nd Annual Harford CROP Hunger 5K Walk & Run

October 17; begins and ends at Aberdeen's Festival Park at 8:30 am

Last year, 20 groups participated and raised \$10,500 in the fight to overcome hunger and poverty. Twenty-five percent of money raised will go to the Harford Community Action Agency Food Pantry and to FCCAU. The remaining 75% will go to Church World Service to support their worldwide mission against hunger – or to affiliate organizations of the individual donor's choosing.

Also planned for that day is a Mini Walk and a Rock-a-thon. UUFHC participated last year and would like to increase our presence this year. For further information, visit the web site at www.harfordcropwalk.org, call (443) 655-3074, or attend the Recruiter's Orientation on August 29 at Grace UMC in Aberdeen. A continental breakfast begins at 8:30 am with the program beginning at 9:00 am.



If You Were A JPD Chalice Lighter . . .

Your recent donation of \$20 would have supported grants awarded to:

- The Unitarian Church of Harrisburg for an associate minister
- The First UU Church of Berks County for a music director
- The UU Fellowship at Easton for a music director
- The UU Church of Loudoun for an administrator

The Chalice Lighters help congregations in the Joseph Priestley District grow! Members from congregations in the area pledge \$20 per call for three calls a year. UUFHC has received four chalice lighter grants. For further information, visit www.jpduua.org for facts and figures about this wonderful way to pool resources for growth. JoAnn Macdonald, our Chalice Lighter representative, can also answer your questions.

Murray Grove Upcoming Activities

Murray Grove Homecoming: A Mid-Atlantic UU Celebration

Saturday, September 26, 10:00 am to 4:00 pm

Family Get-a-ways at Murray Grove

Enjoy a mini-vacation at your Mid-Atlantic UU retreat center in the peaceful NJ Pine Barrens, on the site where Universalism began: available mid-weeks; comfortable and affordable; fun: pool (in season), athletic fields, nature walks, barbecues, fire circle; near beaches, boardwalks, Six Flags, canoeing, restaurants and parks. Support your UU retreat centers!

2nd Annual Murray Grove Drum and Dance Retreat August 14 through 16

Express yourself creatively and spiritually! Workshops on Afro-Brazilian, Latin and West African Drumming, and African Dance and Belly-Dancing: Ancient practices with roots in ritual, religion and celebration.

Only \$250 per person for the weekend, double occupancy, including meals! (\$225 if registration is received before July 1) Or sign up just for the Saturday afternoon and evening session for \$75. Space is limited, so register early!

For information and registration, call (609) 693-5558 or visit the website at www.murraygrove.org.

Murray Grove Retreat and Conference Center is located at PO Box 246, Lanoka Harbor, NJ 08734.

The Unitarian Universalist
Fellowship of Harford County
2515 Churchville Road
Churchville, MD 21028



Building Liberal Religious Community
Please Join Us!

Sunday Services: 10 am; coffee follows

Please visit us online at www.uufhc.net



Next Newsletter Deadline: Sunday, August 9, 2009



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| Administrative Assistant: | Nancy Karwatka |
| Newsletter Editor: | Kay Saucier |
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Fellowship Office Hours (Nancy Karwatka):
Tues, Wed & Thurs: 8:30 am to 2:30 pm

Minister's Office Hours:
Mon: Day Off
Tues, Wed & Thurs: 9:00 am to 2:30 pm
Fri: Writing & Research Day
(available for pastoral emergencies)

Director of Religious Education Office Hours:
Mon: 10:30 am to 3:30 pm
Tues, Wed & Thurs: 12:30 pm to 3:30 pm
Tues: 6:00 pm to 9:00 pm

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Remember to Collect Water in your Summer Travels

UUFHC has a tradition on the Opening Sunday after Labor Day in September to celebrate in a water communion. We mingle waters that were gathered by congregants to symbolize shared wisdom and experience within the community. Water can come from the far reaches of your journeys, or from your kitchen sink—any place that has held your being during the summer. Our water communion will be held on Sunday, September 13th.